Outbreaks associated to large open air festivals, including music festivals, 1980 to 2012

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In the minds of many, large scale open air festivals have become associated with spring and summer, attracting many people, and in the case of music festivals, thousands of music fans. These festivals share the usual health risks associated with large mass gatherings, including transmission of communicable diseases and risk of outbreaks. Large scale open air festivals have however specific characteristics, including outdoor settings, on-site housing and food supply and the generally young age of the participants. Outbreaks at large scale open air festivals have been caused by Cryptosporium parvum, Campylobacter spp., Escherichia coli, Salmonella enterica, Shigella sonnei, Staphylococcus aureus, hepatitis A virus, influenza virus, measles virus, mumps virus and norovirus. Faecal-oral and respiratory transmissions of pathogens result from non-compliance with hygiene rules, inadequate sanitation and insufficient vaccination coverage. Sexual transmission of infectious diseases may also occur and is likely to be underestimated and underreported. Enhanced surveillance during and after festivals is essential. Preventive measures such as immunisations of participants and advice on-site and via social networks should be considered to reduce outbreaks at these large scale open air festivals.

Introduction

Mass gathering (MG) medicine is an emerging specialty [1] that includes effective strategies and planning to address health security and risks associated with MGs. The number of attendees that classifies an event as a 'mass gathering' is wholly arbitrary. Definitions vary greatly, with some sources specifying any gathering to be a MG when more than 1,000 individuals attend, whereas others require the attendance of as many as 25,000 people to qualify [2]. Outbreaks, however, occur irrespective of the size of a gathering and are described not only in settings such as private parties, weddings, and other events involving fewer than 1,000 attendees, but also in large MGs, such as religious MGs, attended by millions of people [3]. In addition to the number of people, MGs are events at a specific site for a definite time which may greatly vary between different MGs. These gatherings might be planned or unplanned and recurrent or sporadic.

Although large scale open air festivals have become important spring and summer activities and attract thousands of people, they are probably neglected, particularly music festivals, in terms of public health attention, as well as surveillance and prevention of infectious disease strategies, compared to other categories of MGs such as sport or religious events. Indeed, most of the literature on MGs in this respect, has addressed health issues related to very large MGs, including the Hajj [2] and the Olympic Games [4].

A characteristic of large scale open air festivals, including music festivals, may be that they are not always organised and managed by professionals and may involve inexperienced volunteers as staff members. Music festivals in particular have also specific characteristics, including outdoor settings, on-site housing and food supply, the young age of the participants, recreational motivations, and the potential for excessive alcohol or drug consumption, which may notably increase the risk of sexually transmitted infections (STIs) [5] and possibly of other infectious diseases.

A total of 858 music festivals were recorded worldwide in 2012 in choosefest database (www.choosefest.com/). The largest music festivals were in Europe where 13 of the 20 top international festivals occur (Table 1). Most festivals take place over a three to four day period with the longest lasting 11 days. Attendance for the top 20 festivals in terms of size ranges from 17,000 to 175,000 per day. According to a survey conducted in the United Kingdom (UK) during the year 2009, the total number of visits to UK music festivals was estimated to exceed 7.7 million attendees, including overseas and domestic participants combined (www.ukmusic.org/assets/media/UK%20Music%20 -Music%20Tourism.pdf). Music festivals, which may involve as many as 400,000 cumulated attendees, share the usual health risks associated with large MGs, including communicable and non-communicable diseases [6-8]. A mean percentage of 1.5% attendees at music festivals seek medical care during these events, and the highest proportion recorded of attendees seeking care was 10% [9-12]. This situation may have an impact on local healthcare facilities, especially

TABLE 1

Top 20 international music festivals by estimated attendance per day, 2012

Festival	Location	Duration (days)	Estimated attendance per day
Glastonburry	Worthy Farm, Pilton, Shepton Mallet, Somerset, United Kingdom	5	175,000
Roskilde	Roskilde, Denmark	4	110,000
Rock Werchter	Werchter, Belgium	4	110,000
Rock al Parque	Bogota, Colombia	4	88,600
T in the Park	Balado, Kinross-Shire, Scotland	3	85,000
Summerfest	Henry Maier Festival Park, Milwaukee, Wisconsin, United States	11	82,000
Exit	Petrovaradin Fortess, Novi Sad, Vojvodina, Serbia	4	75,000
Coachella	Coachella, California, United States	3	75,000
Reading-Leads Festival	Reading, Leads, United Kingdom	3	75,000
Sziget	Budapest, Hungary	6	65,000
Pukkelpop	Kiweit-Hasselt, Belgium	3	62,500
Pinkpop	Landgraaf, Netherlands	3	60,000
Big Day Out	Gold Coast, Sydney, Melbourne, Adelaide, Perth, Australia and Auckland, New Zealand	11	56,000
Burning Man	Black Rock Desert, Nevada, United States	7	50,000
Bonnaroo	Great Stage Park, Manchester, Tennessee, United States	4	40,000
Fuji Rock	Naebi Ski Resort, Japan	3	40,000
Hurricane	Scheeßel, Lower Saxony, Germany	3	40,000
Downlaod	Donington Park, United Kingdom	3	37,000
Benicassim	Benicassim, on the coast between Valencia and Barcelona, Spain	4	32,000
Wireless	Hyde Park, London, United Kingdom	3	17,500

Sources: http://www.wikifestivals.com/wiki/list-international-music-festivals-attendance, http://www.cnbc.com/id/42150834/The_Worlds_s_Biggest_Music_Festivals, http://en.wikipedia.org/wiki/Music_festivals.

in terms of the workload on local hospitals, as found in Punchestone Racecourse, Ireland in 2004 [13]. During the Oxegen festival, which had 80,000 attendees over three days, a 45% increase in admissions to the emergency department (mainly for trauma) was observed at Nass General Hospital, with 51% of these admissions treated as inpatients. Interestingly, 47% of these patients had consumed alcohol and/or drugs [13].

A comprehensive review on outbreaks in relation to large scale open air festivals is missing. The objective of this report is to summarise the evidence related to the substantial challenges posed by communicable diseases to the organisers of large scale open air festivals, including music festivals, and outline details of infections resulting from faecal-oral, respiratory and sexual transmission. Opportunities to control these outbreaks are discussed.

Methods

Definition of large scale open air festivals

Outbreaks in the setting of an open air festival, including a music festival or other art festival, village festival, cultural festival, university, religious events and large weddings were included.

Case reports and human/non-human experimental laboratory studies were excluded from the review. Outbreaks in relation with sport events, Hajj pilgrimage, food festivals, fairs or occurring in the setting of cruise ship, school, restaurant or hotel (including weddings at restaurants or hotels) were excluded because they were reviewed elsewhere [6-8].

Search strategy

To retrieve information on the transmission of infectious diseases and outbreaks during large scale open

air festivals, we first conducted a literature search using the MEDLINE database (www.ncbi.nlm.nih.gov/ pubmed), from 1980 to July 2012, cross-referencing the following terms: 'mass gatherings', 'festivals' or 'music festivals' and 'infection' or 'infectious diseases' or 'outbreak'. Only studies published in English, but one in Serbian, were included in this review. Relevant systematic and narrative reviews were also utilised for useful background information. Subsequently, the reference lists of the systematic reviews and other identified papers were scanned for potentially relevant primary studies that could be considered for inclusion in the review. Additional search was conducted using ProMED-mail (www.promedmail.org) cross-referencing the following terms: 'festivals' or 'music' and through Google (www.google.fr) and Yahoo (fr.yahoo.com) general search-engines cross-referencing the terms: 'festivals' or 'music festivals' and 'infectious' or 'outbreak'.

Results

Using our search strategy, 107 articles were retrieved through MEDLINE and scanning of reference lists, and 23 of these were relevant to our subject from a review of titles, abstracts, and full text of the articles obtained. Pro-MED mail search allowed identifying only three relevant outbreaks that were already retrieved through MEDLINE. Google and Yahoo search retrieved respectively 31,900,000 and 12,400,000 hits, using 'festival' and 'outbreaks' terms; 6,670,000 and 11,300,000 hits, using 'music festival' and 'outbreaks' terms and 558,000 and 200,000 hits, using 'music festival' and 'infectious' terms. Given the poor relevance of search results obtained through Google and Yahoo, no further analysis was conducted using these two search-engines.

Outbreaks and infectious diseases occurring during large scale open air festivals were classified into three categories: (i) faecal-oral transmission and gastrointestinal diseases, (ii) respiratory transmission and respiratory infections and (iii) blood-borne and sexually transmitted diseases.

Faecal-oral transmission and gastrointestinal diseases

A total of 10 outbreaks of gastrointestinal infections associated with faecal-oral transmission in the context of large scale open air festivals were retrieved and are summarised in Table 2. Of these five were linked to music festivals. Outbreaks of *Cryptosporium parvum*, *Campylobacter, Escherichia coli, Salmonella enterica, Shigella sonnei, Staphylococcus aureus*, hepatitis A virus and norovirus infections have been described over the last two decades in the United States (US), Canada, Europe and Japan and have been as well associated with events including 350 attendees, as with open air festivals involving as many as 80,000 participants. In some outbreaks, the attack rate was close to 50% of attendees, such as in Shigella outbreaks [14,15] or gastroenteritis outbreaks due to norovirus [16]. Failures of hand-washing hygiene among food handlers suspected to be infected by the infectious agent lead to the contamination of food and were an important route of transmission for gastrointestinal diseases at large scale open air festivals [14,17-19]. A lack of respect for food hygiene rules has also been observed during such festivals [17,18,20]. Factors that contribute to gastrointestinal outbreaks at these festivals include (i) excessive production of food beyond the safe food production capacity [17], (ii) preparation of meals by a large number of volunteer food handlers [14,18], and (iii) the sale of food prepared under unsanitary conditions, sometimes by vendors without a license [19-21]. Moreover, during a lunchtime concert in Cardiff, the most likely cause of the outbreak of norovirus infection was vomit contaminating inadequately cleaned and disinfected hard surfaces, carpets and soft furnishings [16].

Another important factor associated with the risk of gastrointestinal infections is the lack of adequate sanitation. Inadequate sanitation was the cause of the contamination of drinking water during the annual meeting of the Rainbow Family in the US in 1987, resulting in a large outbreak of shigellosis [15]. Inadequate sanitation associated with limited access to running water for hand washing has also been reported as the source of gastrointestinal outbreaks [14].

Unusual transmissions of gastrointestinal diseases have also occurred during large scale open air festivals. An outbreak of Escherichia coli O157 was reported during the Glastonbury music festival in England and was linked to mud contaminated by infected cattle. Heavy rain had turned the site into a quagmire, and attendees had high levels of contaminated mud on their hands and faces [22]. Additionally, a swimming pool at an accommodation during a dance festival in Canada was identified as the source of an outbreak of diarrhoea due to *Cryptosporidium parvum* [23].

Overall, the estimated incidence of gastrointestinal diseases per 100,000 attendees ranged from nine to more than 55,000 during the outbreaks included in this review.

Respiratory transmission and respiratory infections

Infections acquired by respiratory routes reported in the literature in association with nine large scale open air festivals are described in Table 3. Of these, three were music festivals.

Influenza outbreaks have been reported at music festivals [24-27], with the potential for the spread of new influenza viruses in some cases [27,28]. In Serbia in 2009, 40% of the pandemic influenza A(H1N1)pdm09 cases were linked to the Exit festival [26]. Interestingly, during 2009, influenza A(H1N1)pdm09 outbreaks were recorded at three of the top six music festivals (>100,000 cumulated attendees) in Europe (Rock

TABLE 2

Outbreaks of gastrointestinal diseases associated with large scale open air festivals, 1987-2008

Favouring factors	Inadequate sanitation	Limited access to soap and running water for hand washing and large number of non- professional food handlers	Lack of respect for food hygiene rules	Grazing of cattle on site two days before the event and heavy rain	Vomit inappropriately cleaned	Swimming pool in one accommodation	Exceeded food production capacity	Infected food handler	Unknown	Lack of respect for food hygiene rules
Mode of transmission	Food-borne, water-borne, person-to-person	Food-borne and person-to-person	Food-borne	Direct contact	Direct contact	Faecal-oral	Food-borne	Food-borne	Person- to-person, food-borne	Food-borne
Source of outbreak	Inadequate sanitation	Uncooked tofu salad	Unpasteurised milk	Mud (contaminated by cattle faeces)	Vomits inappropriately cleaned	Swimming pool	Pastry with vanilla cream	Coleslaw	Unknown	Crepes
Indication of patient age	Mean patient age: 27 years	Mean patient age: 31 years	Age range of the majority of patients: 20–30 years	Mean patient age: 21 years	Primary school students	Mean patient age: 23 years	Age range of 24% of patients: 1-24 years; of 35%: 25-44 years	Median patient age: 16 years	Median patient age: 23 years	DN
Estimated incidence per 100,000 attendees	55,118	45,244	103	6	24,410	13,111	QN	6,000	31-2,083	150
Case numbers	Estimated >7,000; nationwide dissemination (3 States)	3,175 primary cases (278 ill staff and 2,897 ill attendees); 182 secondary cases; 117 hospitalisations	72	7	>300	59 (2 hospitalisations)	1,435 (117 hospitalisations)	21	25	75 (staff and attendees)
Pathogen involved	Shigella sonnei	Shigella sonnei	Campylobacter	Escherichia coli 0157	Norovirus	Cryptosporidium parvum	Salmonella enterica	Hepatitis A virus	Hepatitis A virus	Staphylococcus aureus
Size (cumulated number of attendees) and type of attendees ^a	12,700	6,403 women	70,000	80,000	1,229 children	430 dancers, >450 spectators	QN	350	1,200-82,000	50,000
Year	1987	1988	1992	1997	1999	2001	2002	2003	2003	2008
Place	Nantahala National Forest, United States	Michigan, United States	South west England	South west England	Cardiff, England	Dauphin, Manitoba, Canada	Catalonia, Spain	Australia	United States (9 States)	Japan
Event	Annual meeting Rainbow Family	Michigan Women's Music Festival	Glastonbury music festival	Glastonbury music festival	Lunchtime concert	Ukrainian Dance Festival	San Juan Festival	Youth camp	Outdoor concerts 'jam bands'	Nagoya University Festival
Reference	[15]	[14]	[20]	[22]	[16]	[23]	[17]	[19]	[21]	[18]

ND: not determined. ^a When attendees were of a certain type.

Outbreaks of respiratory transmissions and infections associated with large scale open air festivals, 2006-2010 **TABLE 3**

Reference	Event	Place	Year	Size (cumulated number of attendees)	Outbreak type	Number of cases and description	Estimated incidence per 100,000 attendees	Age of patients as specified	Favouring factors/ consequence
[31]	Easter Youth Festival	Carinthia, Austria	2006	ND	Mumps virus	214 cases (143 confirmed, 71 probable)	QN	Age range of 80% of patients: 16–30 years	Occurrence in unvaccinated people
[32]	Annual village festival	Navarra, Spain	2006	> 4,500	Mumps virus	19 primary cases; 58 secondary cases	422	Age range: 18–37 years	Failure in immunisation by Rubini strain
[28]	World Youth Day (religious meeting)	Sydney, Australia	2008	500,000	Numerous influenza virus strains (A and B)	100 confirmed cases	20	Median age: 21 years	Community strains from Australia that were rarely isolated before World Youth Day 2008 were frequently identified among pilgrims; novel influenza viruses were introduced
[27]	Iztapalapa Passion Play (religious meeting)	Iztapalapa, Mexico	2009	>2 million	Influenza A(H1N1) pdmo9 virus	38 cases; of 202 cases of influenza A(H1N1) pdmog in Mexico from 1 to 5 May 2009, 38 originated from the Iztapalapa Passion Play meeting	7	Age range of 32% of patients: 5–19 years; of 28%: 20–29 years	Local and national spread, start of the pandemic influenza A(H1N1)pdmog
[24]	Rock Werchter (music festival)	Belgium	2009	113,000	Influenza A(H1N1) pdmo9 virus	14 confirmed cases; 30 ILI cases	12	Mean age: 23 years	International spread
[25]	Sziget Festival (music festival)	Budapest, Hungary	2009	390,000	Influenza A(H1N1) pdmog virus	8 confirmed cases; 14 ILI cases	N	Mean age: 21 years (personal communication, Dr Peter Felkai, January 2010)	International spread
[26]	Exit Festival (music festival)	Novi Sad, Serbia	2009	165,000	Influenza A(H1N1) pdmog virus	49 confirmed cases	30	Age range of 42% of patients: 20–29 years	During 2009, 40% of influenza A(H1N1) pdmo9 cases in Serbia were linked to this festival
[29]	Taizé (religious meeting)	France	2010	3,500	Meastes virus D4-Manchester	13 primary cases; 17 secondary cases; 7 tertiary cases	371	Median age for primary cases: 17 years; for secondary cases: 15 years; for tertiary cases: 13 years	Low vaccine coverage
[30]	Wedding	Andalucia, Spain	2010	ND	Measles virus	25 primary cases; 58 secondary cases	DN	97% of patients >16 years-old	Low vaccine coverage

ILI: Influenza-like illness; ND: not determined.

Werchter, Belgium; Sziget Festival, Hungary; and Exit Festival, Serbia).

In 2010, 13 primary measles cases were identified among unvaccinated persons aged between nine and 32 years-old in 11 districts in Germany. All cases had attended religious meetings in Taizé, France [29]. This outbreak illustrates the risk of long distance spread of infectious diseases associated with international large scale open air festivals. The same year, 25 primary cases of measles had been reported from Granada, southern Spain, of whom 22 were unvaccinated children under the age of 15 years [30]. This outbreak involved a subpopulation with low vaccination coverage and parents with ideological objections to vaccination participating to a large wedding reception [30]. Secondary cases were documented in both outbreaks.

An outbreak of mumps occurred in Austria in 2006 involving 214 individuals. Nearly half of the cases for whom vaccination status was known occurred in nonvaccinated persons, another 40% were vaccinated with one dose of vaccine. The majority of cases (80%) occurred in persons between 16 and 30 years of age with a peak in the age group of 21 to 25 years (42%). Considering the minimum incubation period of 10 to 14 days, the mumps outbreak probably originated with virus transmissions to susceptible individuals at a village Easter festival [31]. In 2006 too, a mumps outbreak including 19 primary cases was recorded in a village in Spain. Patients' ages ranged between 18 and 37 years and 94% of the patients reported attending the annual festival held in the village. 58 secondary cases were reported [32].

Overall, the estimated incidence of confirmed respiratory infections per 100,000 attendees ranged from two to more than 420 during the outbreaks included in this review.

Sexual and blood transmission of infectious diseases

During music festivals, the risk of transmission of sexual or blood-borne infections is considered important, but this consideration is mainly speculative. Indeed, this risk is difficult to assess. Some of these infections have long incubation periods, making it difficult to relate the infection to the event. Despite the lack of evidence for the transmission of such diseases at festivals, the consumption of drugs and alcohol during music festivals is known to be high and may lead to at-risk behaviours, particularly unprotected sexual behaviours [5,33,34]. To our knowledge, the sexualrisk behaviour of participants during music festivals has been evaluated at several times only during the Big Day Out, one of the biggest music festivals in Australia [33,35]. Among sexually active participants, 43% reported not using a condom because of alcohol use [33]. Knowledge of STIs was poor overall [33]. In this young population (89% in the age group 16-24 years), surveillance of STI risk behaviour between 2005 and

2008 indicated that reporting having had a recent STI test increased from 23% in 2006 to 32% in 2008 [35]. Attempts to test for Chlamydia infection during the Big Day Out in 2009 has not been effective, with only 21% of participants returning the test and only one diagnosed case of Chlamydia infection [36].

Discussion

We describe various outbreaks related to large scale open air festivals, highlighting the fact that at these gatherings of people where the majority of attendees are aged 15 to 30 years, transmission of infections occurs at local, national [15,17,21] and international levels [24,25,29], as found during larger MGs [8]. Within open air festivals, music festivals contributed a large proportion of the outbreaks.

The outbreaks published in MEDLINE and ProMED are probably a tiny and heavily biased subset of all outbreaks associated with large scale open air festivals. This constitutes a limitation of our study and may explain the geographical repartition of the outbreaks included in our review. Unfortunately, general searchengines like Google and Yahoo are not sufficiently accurate tools to further identify outbreaks. Even the US Centers for Disease Control and Prevention foodborne outbreak online database (wwwn.cdc.gov/ foodborneoutbreaks/Default.aspx) does not allow a distinction between festivals, fairs, and other temporary or mobile services.

During large scale open air festivals, respiratory infections can easily be transmitted due to overcrowded conditions which may contribute to the spread of new influenza viruses, as reported during the 2009 pandemic [25,26]. The risk of transmission and of the introduction of new strains of viruses in countries hosting MGs or large scale open air festivals has been documented at such events [8,27,28]. Therefore, risk assessment and the establishment of preventive strategies should be implemented in preparation for large scale open air festivals, as for other MGs. Measles is one of the most contagious human diseases, with a basic reproduction number ranging from 7.7 to 15 in a susceptible population [37]. Increased numbers of cases have recently been observed in young adults, notably in Europe [38]. Therefore, it is not surprising that measles outbreaks have occurred during youth festivals [29,30]. Interestingly, although immunisation programmes are required for certain MGs, such as the Hajj [8], there is no immunisation recommendation for large scale open air festivals.

Outbreaks of vaccine-preventable diseases, including hepatitis A, influenza, measles and mumps, have been reported in connection with large scale open air festivals [19,21,24,25,29-32] and could have been prevented by adequate vaccination coverage in the populations taking part. Although meningitis outbreaks have not been associated with large scale open air festivals, they have been described in the context of the Hajj [8]. Vaccination against meningococcus may be considered for young people planning to participate in a large scale open air festival. The use of drugs and alcohol is common at large open air festivals and may theoretically increase the risk of transmission of STIs and blood-borne diseases [5,13,33].

A high incidence of Shigella, norovirus, Cryptosporidium parvum and hepatitis A virus infections was found among attendees of large scale open air festivals where outbreaks were reported compared to their respective incidence in the general population, suggesting that increased transmission of gastrointestinal infections may also occur in these settings. In contrast, no evidence for substantial increased risk of outbreaks of gastrointestinal infectious diseases was found during large international sport events notably due to proper sanitary supervision of food preparation and of water sources in these events [39]. Among previous outbreaks of gastrointestinal diseases reported at large scale open air festivals, the role of inadequate sanitation has been highlighted [14,15]. Good sanitation is therefore critical even at the smallest gatherings, where the organisation is often non-professional. Respect for hygiene rules for food handling is also critical to avoid food-borne disease transmission. In particular, the role of volunteers in food preparation should be examined. They constitute a potential risk because they are not trained in the necessary hygiene measures [14].

The discrepancy between sport events and large scale open air festivals in terms of infectious diseases may also be the consequence of the relatively short duration of sport events which frequently last shorter than one day, with many participants moving to other locations at the end of the event and who do not live on site [39]. In contrast, large scale open air festivals last several days with most attendees staying on site during the event, sharing accommodations and sanitations. In an old study conducted in 1972, the overall incidence of communicable diseases was 75 per 100,000 attendees during a 2.5 day music festival and 580 per 100,000 during a seven day-long music festival, suggesting that the length of exposure is a contributing factor to transmission of infectious diseases in the specific setting [10].

To prevent infectious diseases, communication and on-site advice about infectious risks should be implemented and hand-washing hygiene, cough etiquette and condom use should be promoted. Reminding people before festivals to check whether they have been immunised for certain vaccine preventable diseases including measles, mumps and influenza should be promoted. To prevent STIs and blood-borne diseases, campaigns involving the free distribution of condoms and syringes for intravenous drug users may be proposed. Finally, surveillance after large scale open air festivals with participant recall may be implemented to better address infectious disease threats of international concern at the earliest possible stages. Social networks such as Twitter or Facebook can assist with active surveillance (e.g. public health outreach on Twitter or Facebook for people reporting health related issues in the host city during a festival and for people participating in a festival). Social media can function also as a method of passive surveillance (e.g. analysis of geographically tagged tweets). Mobile phones, particularly mobile internet use, facilitate the availability of real-time information at any time and nearly anywhere in the world to the general public and may be useful in this context [4]. Surveillance could also be operated through specialised networks reporting on travelassociated diseases, including GeoSentinel [40] and EuroTravnet [41]; however participation to large scale open air festival and MGs is not documented specifically at the moment in these databases.

Conclusions

Infections related to large scale open air festivals may be under-reported given the important number of these festivals worldwide. Alternatively these could also possibly be overestimated due to 'common sense' assumptions about conditions at festivals. We assume that most outbreaks probably remain unnoticed and underreported. The relationship between infections and festivals may be difficult to establish, especially for diseases with long-incubation periods and international events, as the participants spread worldwide. Cases could have been classified under 'travel-related' infections since participation to festivals or other MGs is usually not documented in surveillance networks records. We cannot give an estimate of the frequency of communicable diseases during large scale open air festivals, because of the relative paucity of published data. The creation of an online event and patient registry should overcome this gap [42].

During an event, syndromic surveillance associated with the use of adequate laboratory facilities may help to recognise the first cases of an outbreak although the value of syndromic surveillance during MGs is highly debated [43].

Preventive measures including immunisation of people participating in large scale open air festivals and targeted on-site advice about food hygiene, hand hygiene, cough etiquette and the use of condoms may be considered. However, the effectiveness of such preventive measures in the context of MGs has not been established and research is needed before this could be recommended [44]. Finally, strict adherence to food safety protocols and adequate sanitation should be promoted to prevent gastrointestinal diseases. The presence of on-site medical staff has proven to be cost-effective in improving the medical management of injuries and other health issues, such as infections [45].

Conflict of interest

The authors have no conflict of interest.

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