Meticillin-resistant *Staphylococcus aureus* CC398 is an increasing cause of disease in people with no livestock contact in Denmark, 1999 to 2011

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Citation style for this article:

Larsen J, Petersen A, Sørum M, Stegger M, van Alphen L, Valentiner-Branth P, Knudsen LK, Larsen LS, Feingold B, Price LB, Andersen PS, Larsen AR, Skov RL.
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Article submitted on 13 November 2014 / accepted on 12 March 2015 / published on 17 September 2015

Livestock constitutes a potential reservoir of meticillin-resistant *Staphylococcus aureus* isolates belonging to a recently derived lineage within clonal complex 398 (MRSA CC398-IIa). Since its discovery in the early 2000s, this lineage has become a major cause of human disease in Europe, posing a serious public health challenge in countries with intensive livestock production. To retrace the history of human colonisation and infection with MRSA CC398-IIa in Denmark, we conducted a nationwide, retrospective study of MRSA isolates collected from 1999 to 2011. Among 7,429 MRSA isolates screened, we identified 416 MRSA CC398-IIa isolates. Of these, 148 were from people with infections, including 51 from patients reporting no livestock exposure. The first cases of MRSA CC398-IIa infection in Denmark occurred in 2004. Subsequently, the incidence of MRSA CC398-IIa infection showed a linear annual increase of 66% from 2004 to 2011 (from 0.09 to 1.1 per 100,000 person-years). There were clear temporal and spatial relationships between MRSA CC398-IIa-infected patients with and without livestock exposure. These findings suggest substantial dissemination of MRSA CC398-IIa from livestock or livestock workers into the Danish community and underscore the need for strategies to control its spread both on and off the farm.

Introduction

In 2005, two studies, from France and the Netherlands, provided the first evidence of a reservoir of meticillinresistant *Staphylococcusaureus* (MRSA) in livestock, with transmission to humans [1,2]. The MRSA isolates from these initial cases belonged to clonal complex 398 (CC398), which was very uncommon in humans at the time. Since its discovery, MRSA CC398 has been isolated from cattle, horses, chickens and turkeys, but currently pigs appear to be its primary host [3]. While several other MRSA strain types have been identified in a variety of livestock species worldwide, CC398 is the dominant MRSA strain type in European livestock today [3].

MRSA CC398 has unique genetic characteristics compared with other MRSA strain types: it is nontypeable by *Sma*I-pulsed-field gel electrophoresis (PFGE) [4], it comprises a distinct set of *spa* types [5], and it contains a novel Sau1 type I restriction-modification system [6]. These features challenged early genotyping efforts, which have been aided more recently by whole-genome sequencing.

Whole-genome phylogenetic analyses show that there are multiple *S*. *aureus* CC398 lineages in circulation, including one recently derived lineage primarily found in livestock, termed CC398-IIa, and several other more basal lineages primarily found in humans, collectively referred to as CC398-I/II-GOI [7]. The CC398-IIa isolates can be distinguished from the CC398-I/II-GOI isolates by lineage-specific canonical single nucleotide polymorphisms (canSNPs) [7,8]. Furthermore, CC398-Ila isolates are typically positive for the tetracycline resistance gene *tet*(M) and negative for the staphylococcal complement inhibitor gene *scn*, whereas CC398-I/II-GOI isolates are typically negative for *tet*(M) and positive for *scn* [7,8]. Finally, CC398-IIa isolates generally lack the *lukS-PV* and *lukF-PV* genes encoding Panton-Valentine

Table 1

Genotypic characterisation of meticillin-resistant *Staphylococcus aureus* (MRSA) CC398 isolates, one isolate per person, Denmark, 1999–2011 (n = 420)

canSNP: canonical single nucleotide polymorphism; ND: not determined.

+ : positive; − : negative.

leukocidin (PVL), whereas these genes are frequently found in CC398-I/II-GOI isolates [8]. The existence of two epidemiologically and evolutionary distinct *S. aureus* CC398 lineages underscores the importance of strain typing when undertaking epidemiological investigations and source tracking of *S. aureus* CC398.

Despite its recent emergence as a zoonotic pathogen [1-3], MRSA CC398 has become a frequent cause of human colonisation and disease in Europe, especially in countries with intensive livestock production [9]. For example, MRSA CC398 accounts for up to 40% of new cases of MRSA in Denmark, the Netherlands and some areas of Germany [10-12]. MRSA CC398 primarily colonises and infects people with direct livestock contact (primary exposure) and their household members through intra-household transmission (secondary exposure). However, surveillance data from Denmark and the Netherlands show that MRSA CC398 is also found in people with no connection to livestock [10,13]. In addition, MRSA CC398 has been implicated in sporadic outbreaks in Dutch hospitals and nursing homes [14-16]. Unfortunately, these studies did not differentiate MRSA CC398-IIa isolates from MRSA CC398-I/II-GOI isolates, and it is therefore unclear how and to what extent MRSA CC398-IIa is spreading to people with no livestock exposure. *S*. *aureus* normally spreads through human-to-human contact [17] and this mode of transmission is likely to play a major role in the dissemination of MRSA CC398-IIa. Various studies suggest that environmental contamination of air and soil surfaces may also contribute to MRSA CC398 transmission [18-21]. Moreover, MRSA CC398 is a relatively common contaminant of retail meat in Europe [22], and foodborne transmission has been hypothesised as a possible source of infections in people with no livestock contact. However, epidemiological data suggest that food-borne transmission is rare [22].

The aim of our study was to investigate the epidemiology of MRSA CC398 in humans in Denmark from 1999 to 2011, especially in relation to the presence of MRSA CC-398-IIa in people with no livestock contact.

Methods

National MRSA registry and strain repository, 1999–2011

This study is based on data from the national MRSA registry and strain repository at Statens Serum Institut in Copenhagen. It should be noted that the registry contains data available only at the time of the first diagnosis and does not hold information on subsequent episodes of infection or asymptomatic carriage. The use of data from the national MRSA registry was approved by the Danish Data Protection Agency (protocol no. 2001-14-0021).

Since 1988, one MRSA isolate from each newly identified MRSA-positive person (including patients with infection and people with asymptomatic carriage) has been forwarded to Statens Serum Institut from Danish clinical microbiology laboratories. From 1988 to 2006, this was as part of a voluntary surveillance programme and since 2007, has been part of a national mandatory programme for the management of MRSA [23]. Compliance with both programmes was about 100% during the study period, as assessed by annual feedback between the clinical microbiology laboratories and Statens Serum Institut. From 1999 to 2006, all MRSA isolates were genotyped using *Sma*I-PFGE [24]. In 2007, *Sma*I-PFGE was replaced by PCR-based detection of *mecA* and *lukF-PV* (an indicator of PVL production) and *spa* typing [25].

All MRSA isolates were tested for antimicrobial susceptibility (erythromycin, clindamycin, tetracycline, fusidic acid, rifampicin, norfloxacin, kanamycin, linezolid and mupirocin) by use of the disk diffusion method, in accordance with the European Committee on Antimicrobial Susceptibility Testing guidelines [26]. Screening for reduced susceptibility to glycopeptides was performed on brain-heart infusion agar supplemented with 5 μg/mL teicoplanin. MRSA isolates growing on the screening agar were further tested using Etest glycopeptide-resistance detection strips (0.5–32 μg/mL vancomycin, 0.5–32 μg/mL teicoplanin) (bioMérieux, Marcy l'Etoil, France), as described by Fitzgibbon et al. [27]. Multidrug resistance was defined as resistance to three or more non-β-lactam antibiotics.

Identification and characterisation of MRSA CC398 isolates

MRSA isolates were tentatively designated as CC398 if they were nontypeable by *Sma*I-PFGE (1999–2006) or if they displayed *spa* types previously associated with *S*. *aureus* CC398 (2007–2011). Putative MRSA CC398 isolates were confirmed by PCR detection of the *sau1 hsdS1* variant in *S*. *aureus* CC398 [6]. All MRSA CC398 isolates were assessed for the presence of *tet*(M) and

Table 2

Characteristics of meticillin-resistant *Staphylococcus aureus* (MRSA) CC398-IIa isolates and infected patients, Denmark, 1999–2011 (n = 148)

CSF: cerebrospinal fluid; NA: not applicable; SSTIs: skin and soft tissue infections.

a Unless otherwise specified.

* P value < 0.05 (significance level set at α < 0.05).

Figure 1

Annual number of meticillin-resistant *Staphylococcus aureus* (MRSA) CC398-IIa isolates, from each newly identified MRSA-positive person, Denmark, 1999–2011 (n $= 416$

scn using a multiplex PCR assay [8]. For comparative purposes, MRSA CC398 isolates from 1999 to 2006 were subjected to PCR-based detection of *mecA* and *lukF-PV* and *spa* typing [25]. MRSA CC398-IIa isolates were differentiated from other CC398 lineages using a dual-probe real-time PCR assay targeting CC398-IIaspecific canSNPs [7,8].

Clinical and epidemiological investigations

Patient information (i.e. age, sex, residential address, medical history and known livestock contact) was obtained from hospital or general practice records from 1999 to 2006 and from notification forms since 2007, when MRSA became a notifiable organism in Denmark. Patient information, including livestock contact or not, that was insufficiently described in the written records was obtained retrospectively through interviews with the corresponding patients, the relevant hospital or their general practitioner.

MRSA CC398 infections in patients who reported direct livestock contact (primary exposure) or were living together with a person with direct livestock contact (secondary exposure) were classified as livestockonset. MRSA CC398 infections in patients with no livestock contact were classified either as communityonset when the positive culture was obtained from an outpatient or within the first $\Delta 8$ hours of hospital admission, or as healthcare-onset when the positive culture was obtained from an inpatient after 48 hours of hospital admission.

Infections were grouped as: (i) skin and soft tissue infections (SSTIs), including nose, skin, wound, and abscess; (ii) ear; (iii) eye; (iv) respiratory sites, including tracheal aspirates, sputum and induced sputum; (v) bone and joint; (vi) blood and cerebrospinal fluid; and (vii) others, including all other clinical sites, such as indwelling devices and fluid of unspecified origin.

Figure 2

Annual number (A) and scatter plot (B) of meticillinresistant *Staphylococcus aureus* (MRSA) CC398-IIa infections, Denmark, 2004–2011 (n = 148)

CO: community-onset disease; HO: healthcare-onset disease; LO: livestock-onset disease.

Temporal and spatial analyses of MRSA CC398-IIa infections

We assessed the temporal and spatial relationships between MRSA CC398-IIa-infected patients with and without livestock exposure (healthy carriers identified through screening tests were excluded from epidemiological analyses, to eliminate any bias or confounding due to inconsistent screening practices). Discrete and continuous variables were compared between the two exposure groups by use of Fisher's exact test and Student's t-test, respectively (GraphPad Prism software, version 5, GraphPad, La Jolla, California, United States). Poisson regression modelling was used to compare incidence over time and between the two exposure groups (Stata software, version 12, StataCorp, College Station, Texas, United States). Pearson correlation and

linear regression were used to describe the strength of the linear relationship between annual numbers of infections among patients with and without livestock exposure (GraphPad Prism software, version 5, GraphPad, La Jolla, California, United States). The significance level was set at $\alpha = 0.05$.

To characterise the spatial distribution of patients, we plotted their georeferenced residential addresses as point data on digital maps along with the population density per km² for each municipality (ArcGIS software, version 10.1, ESRI, Redlands, California, United States). Each data point was placed randomly within a 5-km radius of the exact residential address within a given municipality of residence to protect anonymity of the patient. Data on the number of person-years and the population density per km² for each municipality were obtained from Statistics Denmark.

Results

Identification of MRSA CC398 isolates, spa typing and antimicrobial susceptibilities

Statens Serum Institut received 7,429 MRSA isolates, one isolate per person, over the 13-year study period from 1999 to 2011. A total of 420 isolates were identified as MRSA CC398, of which 416 putatively belonged to CC398-IIa based on the presence/absence of *tet*(M) and *scn* $(n = 389)$ or detection of canSNPs $(n = 27)$ (Table 1). The remaining four isolates belonged to CC398-I/II-GOI.

The 416 MRSA CC398-IIa isolates displayed 12 different *spa* types, including t034 (n = 343; 82%), t011 (n = 45; 11%), t5706 (n = 8; 1.9%), t571 (n = 6; 1.4%), t108 (n = 3; 0.7%), t5095 (n = 3; 0.7%), t1255 (n = 2; 0.5%), t9517 $(n = 2; 0.5\%)$, t899 $(n = 1; 0.2\%)$, t1446 $(n = 1; 0.2\%)$, t1793 (n = 1; 0.2%) and t9345 (n = 1; 0.2%), were negative for *lukF-PV* and demonstrated variable levels of antimicrobial resistance: tetracycline ($n = 416$; 100%), clindamycin (n = 309 ; 74%), erythromycin (n = 188 ; 45%), norfloxacin (n = 91; 22%), kanamycin (n = 26; 6.3%), fusidic acid (n = $7: 1.7\%$), rifampicin (n = 2; 0.5%), linezolid ($n = 1$; 0.2%). None were resistant to mupirocin or glycopeptides. Most of the MRSA CC398-Ila isolates ($n = 237$; 57%) were multidrug resistant.

All four MRSA CC398-I/II-GOI isolates displayed *spa* type t034, were positive for *lukF-PV* and were resistant to erythromycin, clindamycin and norfloxacin.

Clinical epidemiology

A total of 151 MRSA CC398 isolates were obtained from clinical cases: the remaining 269 MRSA CC398 isolates originated from screening tests and were excluded from further analysis. Among the 151 cases of MRSA CC398 infection, 97 had primary or secondary exposure to livestock and 54 had no livestock exposure. MRSA CC398-IIa accounted for all 97 infections in patients with primary or secondary exposure to livestock and for 51 of the 54 infections in patients with

Pearson's correlation (*r*) with p values in parentheses, linear regression line (solid) and 95% confidence intervals (dashed lines) and slope (*m*) with 95% confidence intervals in parentheses are shown.

Figure 3

Geographical distribution of patients with meticillin-resistant *Staphylococcus aureus* (MRSA) CC398-IIa infection, Denmark, 2004–2011 (n = 148)

CO: community-onset disease; HO, healthcare-onset disease; LO: livestock-onset disease.

Each dot is placed randomly within a 5-km radius of the exact residential address within a given municipality of residence to protect
anonymity of the patient. The municipal population density per km² is shown.

no livestock exposure, including 45 cases with community-onset infection and six cases with healthcareonset infections. MRSA CC398-I/II-GOI was identified in the remaining three patients with no livestock contact, including two adoptees from Asia and a close family member of one of the adoptees, all of whom had SSTIs.

MRSA CC398-IIa isolates from patients unexposed to livestock were highly similar to MRSA CC398-IIa isolates from livestock-exposed patients both in terms of molecular and phenotypic characteristics as well as type of infection (Table 2). Unexposed patients were significantly older than livestock-exposed patients (median age: 49 vs 30 years; $p = 0.0007$) and were more likely to be female (female-to-male ratio: 1.3 vs 0.5; $p = 0.0081$ (Table 2).

Temporal and spatial trends of MRSA CC398- IIa infections

The annual numbers of MRSA CC398-IIa isolates, from each newly identified MRSA-positive person, over the 13-year study period from 1999 to 2011 are shown in Figure 1. MRSA CC398-IIa was first identified in January 2004 in a patient with an SSTI. Subsequently, the incidence of MRSA CC398-IIa infections increased from 0.09 per 100,000 person-years in 2004 to 1.1 per 100,000 person-years in 2011, corresponding to a linear annual increase of 66% (incidence rate ratio (IRR): 1.7; 95% confidence interval (CI): 1.5-1.9; $p \leftarrow$ 0.00001). Pearson correlation and linear regression demonstrated a clear temporal relationship between annual number of infections among livestock-exposed and unexposed patients (Figure 2). Furthermore, most unexposed patients appeared to live in close proximity to livestock-exposed patients (Figure 3).

Incidence of MRSA CC398-IIa infection among people with no livestock contact

In 2011, a total of 62 cases of MRSA CC398-IIa infection were identified in Denmark (5,475,791 inhabitants), of which 66% (41/62) were livestock-exposed and 34% (21/62) were unexposed (see also Figure 2 and Figure 3). The 41 livestock-exposed patients lived in 25 of the 99 Danish municipalities. In these 25 municipalities (1,676,186 inhabitants), the incidence of MRSA CC398- IIa infections among unexposed people was 0.7 per 100,000 person-years, whereas the overall incidence of MRSA infections was 10.9 per 100,000 person-years. In the remaining 74 municipalities (3,799,605 inhabitants), the incidence of MRSA CC398-IIa infections among unexposed people was 0.3 per 100,000 personyears, whereas the overall incidence of MRSA infections was 12.8 per 100,000 person-years. Poisson regression modelling showed that the risk of MRSA CC398-IIa infection among unexposed people was significantly higher in the 25 municipalities in which livestockexposed patients lived than in the rest of Denmark (74 municipalities) (IRR: 2.5; 95% CI: 1.1 to 5.7; p = 0.041). Nonetheless, MRSA CC398-IIa accounted for only 6% $(11/183)$ and 2% $(10/487)$ of the total number of MRSA infections among unexposed people in the 25 and 74 municipalities, respectively, and the overall risk of MRSA infection was not significantly different between the two groups of municipalities (IRR: 0.9; 95% CI: 0.7 to 1.0 ; $p = 0.062$).

In the Capital Region (30 municipalities, 1,645,825 inhabitants), we observed only two cases of MRSA CC398-IIa infection among unexposed people in 2011, corresponding to 0.6% (2/309) of the total number of MRSA infections among unexposed people.

Discussion

The results presented here show that MRSA CC398-IIa was an increasing cause of infection among people with and without livestock exposure in Denmark from 2004 to 2011. During this time, there was a more than fourfold increase in the prevalence of MRSA CC398 among Danish pigs [5,28,29]. Most of the unexposed patients were spatially clustered around livestockexposed patients. Moreover, MRSA CC398-IIa isolates from livestock-exposed and unexposed patients had similar molecular and phenotypic characteristics. Together, these findings suggest that the expanding livestock reservoir of MRSA CC398 may have led to increased spillover into the surrounding community during the study period.

The MRSA CC398-IIa isolates analysed demonstrated high levels of resistance to tetracyclines, lincosamides (clindamycin), macrolides (erythromycin) and quinolones (norfloxacin), which, with the exception of quinolones, represent some of the most commonly used antibiotics in Danish pig production [29]. Interestingly, the isolates were more often resistant to clindamycin than to erythromycin. This rather unusual resistance pattern has been described in human and porcine MRSA CC398 isolates from Spain, where it was associated with the presence of either the *lnu*(A) or *lnu*(B) gene [30]. Most of the MRSA CC398-IIa isolates were multidrug resistant, thus further limiting the options for clinical therapy beyond β-lactam antibiotics. In Denmark, use of antibiotics for growth promotion and prophylaxis is not permitted in livestock production; therefore, the data presented here suggest that the public health risks of antibiotic use in agriculture may also include therapeutic applications.

While the MRSA CC398-IIa isolates and types of infection did not differ among the two exposure groups, the patients comprising the two populations varied significantly. Livestock-exposed patients were younger than unexposed patients and were more likely to be male. These findings probably reflect the demographics of livestock workers, who are more likely to be workingage men compared with the general population.

MRSA CC398-IIa was primarily associated with SSTIs and other non-invasive infections during the study period; however, there have been four fatal bloodstream infections (BSIs) with MRSA CC398-IIa in Denmark since 2012 [31]. These patients had no livestock exposure

but presented with known predisposing risk factors of MRSA BSI (e.g. severe underlying diseases or haemodialysis). These observations confirm that MRSA CC398-IIa is capable of causing life-threatening disease in at-risk patients, and it is expected that there will be an increasing number of invasive infections in the near future if the prevalence of MRSA CC398-IIa continues to increase in the general population. Thus, there is an urgent need to control this organism in the healthcare setting. In 2012, the Danish Health and Medicines Authority released updated guidelines for the management of MRSA, which recommend that all hospitals perform targeted screening of patients and hospital staff at high risk of MRSA CC398-IIa carriage (i.e. all people with primary or secondary exposure to livestock) [23]. However, spread into the hospital may increase if the prevalence of MRSA CC398-IIa in the unexposed population continues to grow.

Our study does not address how MRSA CC398-IIa spreads from the livestock reservoir into the local community. Other *S*. *aureus* strain types predominantly spread through human-to-human contact [17]. The same is likely to be true for MRSA CC398-IIa, where livestock workers may be the primary source for the delivery of MRSA CC398-IIa to unexposed people. In addition, some unique features of livestock production may make it more conducive to environmental transmission. For example, powerful tunnel ventilation systems that carry air though livestock production facilities may mediate airborne transmission of MRSA CC398-IIa into nearby communities. Previous studies have shown that antibiotic-resistant *S*. *aureus* can be isolated from air samples up to 300 m downwind of pig farms [18,19]. Likewise, land application of pig manure as fertiliser, by spray or injection, may also mediate environmental transmission. Two studies from the United States showed significant associations between the cropland application of pig manure and MRSA carriage [20,21]. However, in contrast to our study, these two American studies did not distinguish between people with and without livestock contact and did not report MRSA strain types. More research is needed to quantify the relative roles of human contact and environmental media in the transmission of MRSA CC398-IIa to people with no livestock exposure.

MRSA CC398-IIa is frequently isolated from retail meat in Denmark [28,29,30,32], which has raised concerns about food-borne acquisition of this pathogen in both community and healthcare settings through consumption or handling of contaminated products. These concerns were substantiated by a case–control study from the Netherlands, which found that consumption of chicken meat was a significant risk factor for MRSA carriage [33]. In Denmark, most livestock is slaughtered in a small number of centralised abattoirs, from which meat is distributed to widely dispersed retail stores. Despite this, most cases of MRSA CC398-IIa infection in our study were among unexposed people who lived in close proximity to livestock-exposed patients in rural areas; we observed only a few cases of MRSA CC398-IIa infection among unexposed people in the Capital Region. Taken together, these findings strongly suggest that food-borne transmission does not play a major role in the MRSA CC398-IIa epidemiology.

The low prevalence of MRSA CC398-I/II-GOI in our study suggests that this strain type is not endemic in Denmark. In contrast, MRSA CC398-I/II-GOI is a frequent cause of both community-onset and healthcareonset infections in China [34] and has been described in Asian adoptees in the Netherlands and Sweden [35,36]. Consistent with these previous studies, the patients with MRSA CC398-I/II-GOI infection identified in our study were linked to adoptees from Asia.

Our study has several strengths. First, we used a nationwide registry-based case-finding strategy in combination with individual-level information on both primary and secondary exposure to livestock. Second, we eliminated any bias or confounding due to inconsistent screening practices by excluding healthy carriers identified through screening tests from the analysis. Third, we used a set of newly developed genotyping tools to differentiate between MRSA CC398-IIa and MRSA CC398-I/II-GOI isolates.

Our study also has limitations that should be considered. First, the national MRSA registry contains data only at the time of the first diagnosis and does not hold information on subsequent episodes of infection. By discounting people with asymptomatic carriage who later develop MRSA infections, the number of MRSA infections may be substantially underestimated. Second, it is unclear if our findings are generalisable to other countries. Nonetheless, our findings are consistent with those from the Netherlands, where MRSA CC398-positive people with no livestock exposure were found to be concentrated in rural, livestock-production areas [37].

Our findings suggest that MRSA CC398-IIa may be spreading from the livestock reservoir into the local community with increasing frequency. However, even in these local communities, MRSA CC398-IIa accounted for a relatively small proportion of the total number of MRSA infections among unexposed people, and there was no apparent association between living inside or outside such an area and the overall risk of acquiring an MRSA infection. The spatial distribution and rate of spillover of MRSA CC398-IIa into the community are likely to increase in the near future as the livestock reservoir expands to MRSA-naive farms. The epidemiology of MRSA CC398-IIa may also change over time as new variant subclones emerge with increased or decreased capacity for human-to-human transmission. Therefore, it is important to continue monitoring MRSA CC398-IIa colonisation and infection rates among livestock and livestock workers, community dwellers and patients and staff in healthcare facilities. Efforts must also be

made to further resolve transmission routes and stem the continued dissemination of MRSA CC398-IIa.

Acknowledgements

We thank the Danish clinical microbiology laboratories for making this study possible and Stine Frese-Madsen, Lone Ryste Kildevang Hansen and Julie Hindsberg Nielsen for molecular and phenotypic characterisation of MRSA. The present study was supported by the National Institute of Allergy and Infectious Diseases, National Institutes of Health (project number 1R01AI101371-01A1).

Conflict of interest

None declared.

Authors' contributions

JL, AP, MS, MS, AL and RS were members of the MRSA surveillance team. JL, LP, PA, AL and RL designed the study. JL, LP and RS prepared the initial manuscript. AP and AL contributed to the subsequent editorial revisions. LvA, PVB, LK, LL and BF performed epidemiological investigations.

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