

# Integrated surveillance for prevention and control of emerging vector-borne diseases in Europe

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World Health Day, celebrated on 7 April, marks the anniversary of the founding of the World Health Organization (WHO) in 1948. This year, vector-borne diseases which are transmitted mainly by bites of vectors such as mosquitoes, ticks and sandflies are highlighted as a global public health priority. This issue of *Eurosurveillance* focuses on vector-borne diseases and their impact on public health in Europe and other parts of the world such as the recent outbreaks of Chikungunya fever in the Caribbean and Zika virus fever in the Pacific [1-6].

## Mosquito-borne diseases

Dengue and malaria are important mosquito-borne viral diseases, often also referred to as 'tropical' diseases. Globally, dengue is the most common mosquito-borne viral disease, with an estimated 390 million infections per year and 40% of the world's population at risk [7]. While interventions to control mosquitoes have resulted in a decrease of malaria cases, WHO nonetheless estimates that 219 million individuals were infected in 2010, of which 660,000 died, predominantly in Africa [8].

Yet, vector-borne diseases are also a threat to public health in Europe. Mounting an effective public health response can counteract challenges posed by them and protect humans from infections; dedicated activities such as disease and vector surveillance as well as monitoring infectious disease drivers (e.g. environmental or climatic conditions) can help to anticipate and to respond to emerging vector-borne diseases [9, 10].

Globalisation and environmental change; social and demographic change; and health system capacity are three interacting drivers that can set the stage for novel vector-borne disease scenarios [11]. The changing dynamic of these drivers can potentially create new constellations of threats that challenge control measures. Pathogens and vectors are bound to disseminate rapidly through globalised transportation networks: over 100 million air travellers alone enter continental Europe annually, connecting it to international 'hot

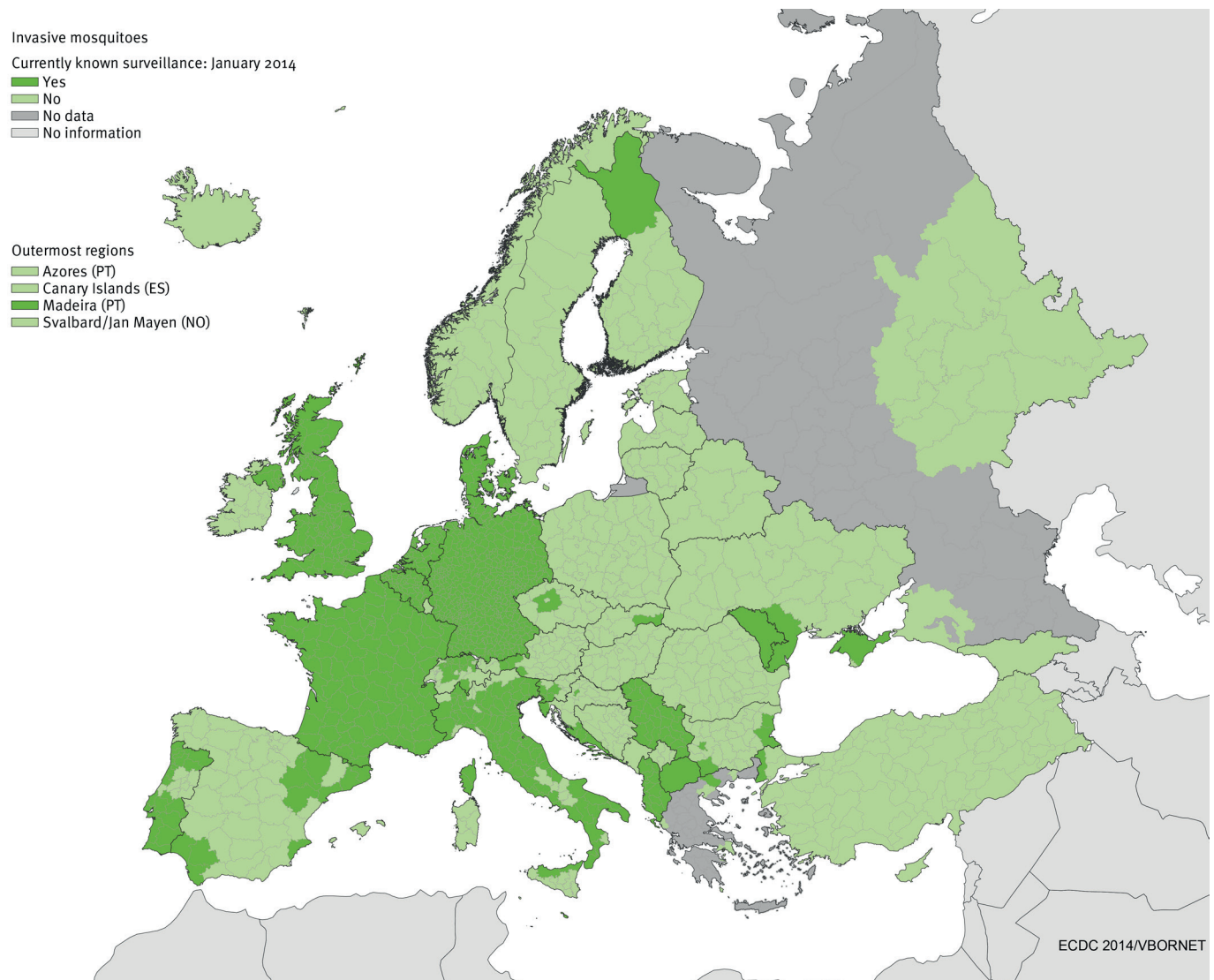
spots' of emerging infectious diseases [12]. A case-in-point is the importation, establishment and expansion of the Asian tiger mosquito (*Aedes albopictus*), first recorded in Albania in the 1970s and subsequently in Italy in the 1990s. The mosquito was imported in used car tires from the United States into Genova and Venice, both in Italy, from where the mosquito spread [13]. Dedicated vector surveillance activities (Figure 1) have documented that the vector has expanded due to permissive climatic and environmental conditions and is now established in numerous regions in Europe.

Astute surveillance activities were able to detect the autochthonous transmission of Chikungunya and dengue viruses by *Ae. albopictus* in Europe triggered by infected travellers returning from endemic areas [13, 14]. Through vector surveillance, *Ae. aegypti* mosquitoes, the main vectors of dengue, were first detected in Madeira, Portugal in 2005 where they dispersed across the southern coastal areas of the island. From September 2012 to January 2013, the island experienced a large dengue outbreak, affecting more than 2,100 individuals, including 78 cases exported to continental Europe; the responsible dengue virus serotype DEN-1 was traced back to a probable Central or South American origin [15].

In December 2013, public health surveillance confirmed the first local transmission of Chikungunya virus in the Caribbean. Within three months the virus spread from Saint Martin island to six other neighbouring islands and autochthonous transmission was even reported in French Guiana, South America. Cassadou et al. and Omarjee et al. in this issue describe the importance of proactive public health practice during such a vector-borne disease emergence [1]. Chikungunya infections were identified in a cluster of patients suffering from a febrile dengue-like illness with severe joint pain and who tested negative for dengue. The outbreak illustrates the importance of a preparedness plan with awareness of healthcare providers, adequate laboratory support for early pathogen identification, and

## FIGURE

### Currently known vector surveillance activities in Europe, January 2014



The surveillance activities include not only specific surveillance studies but also work done as part of on-going control activities, research projects and inventory studies.

Source: European Center for Disease Prevention and Control, 2014 [25].

appropriate response. Incidentally, in the past, several imported cases of Chikungunya fever were reported but did not result in local transmission or spread to surrounding islands.

Zika virus, transmitted by *Ae. aegypti* mosquitoes and originated from Africa and Asia emerged in French Polynesia in September 2013 and posed another health threat by *Ae. albopictus* mosquitoes [16]. In this issue, Musso et al. report the first evidence of perinatal transmission of the Zika virus [2].

The parasitic mosquito-borne disease malaria was once common mainly in southern parts of Europe. While it had been eliminated largely via sanitary measures, local transmission has sporadically returned to Europe in recent years and cases from endemic

countries continue to be routinely imported into Europe via travelers. In Greece, malaria had been eliminated in 1974 but starting in summer 2009 through 2012, locally acquired cases of *Plasmodium vivax* occurred in the summer months, mostly due to multiple re-introductions of the parasite [14]. The continuous spread of *P. vivax* by local anopheline mosquitoes raised the possibility of a sustained malaria transmission. In order to guide malaria control, areas with suitable environments for persistent transmission cycles were identified through multivariate modelling of environmental variables [17]. With information about this environmental fingerprint and using European Union (EU) structural funds, adequate measures could be taken and transmission in these areas was interrupted. Targeted epidemiological and entomological surveillance, vector abatement activities, and awareness raising among the

general public and health workers proved to be successful to this effect.

A further important viral vector-borne disease is West Nile fever (WNF). It was first recognised in Europe in the 1950s and re-emerged in Bucharest in 1996 and Volgograd in 1999 [13, 14]. Since then, several countries experienced limited outbreaks until 2010, when Europe witnessed an unprecedented upsurge in the numbers of WNF cases [18]. Ambient temperature deviations from a thirty year average during the summer months correlated with a WNF outbreak of over 1,000 cases in newly affected areas of south-eastern Europe [19]. Since the emergence of WNF in Greece in 2010, the disease has spread in the country reaching both rural and urban areas. In the subsequent summers from 2011 to 2013, the outbreaks did not subside in these areas. An article by Pervanidou et al. in the current issue describes the third consecutive year of autochthonous West Nile virus transmission in Greece [3]. It is a descriptive analysis of the 2012 outbreak, confirming risk factors such as advanced age, for severity of disease and medical risk factors such as chronic renal disease, for mortality from WNF.

Temperature determines viral replication rates, growth rates of vector populations and the timing between blood meals, thereby accelerating disease transmission [18]. With global climate change on the horizon, rising temperatures might be a climatic determinant of future WNV transmission that can be used as an early warning signal for vector abatement and public health interventions [13].

## Tick-borne diseases

Tick-borne diseases are also of public health concern in Europe. Tick-borne encephalitis (TBE) is endemic in Europe and due to its medical significance was recently added to the list of notifiable diseases with a harmonised case definition focussing on neuroinvasive illness with laboratory confirmation [20]. The main vector of TBE, *Ixodes ricinus*, is widely distributed in Europe while TBE virus transmission is restricted to specific foci. Integrated surveillance is important to precisely determine these locations of active transmission to humans to better assess the risk and inform the public about adequate preventive measures which include protective clothing as well as vaccination. Schuler et al. in this issue describe the epidemiological situation of TBE in Switzerland over a five year period, showing the heterogeneity of the incidence according to cantons and the importance of the surveillance and vaccination as a preventive measure [4].

Tick activity is determined by ecological environmental conditions [21]. TBE incidence has been affected by both climatic and socio-demographic factors [13]. The political changes in the 1990s after the dissolution of the former Soviet Union, might have contributed to the transmission of TBEV in the Baltic countries (Estonia, Latvia and Lithuania) and in eastern Europe

by increasing the vulnerabilities for some population subgroups. A case control study from Poland found that spending extended periods of time in forests harvesting forest foods such as mushrooms, being unemployed or employed as a forester significantly increased the risk for TBE infections [22]. In central Europe, climate change-related temperature rise has been linked to an expansion of TBE virus transmitting ticks into higher altitude [23].

Lyme borreliosis, another endemic tick-borne disease, is believed to be the vector-borne disease with the highest burden in Europe. Climate change may be affecting the risk of Lyme borreliosis in Europe [13]; it has already been demonstrated that *Borrelia* transmitting ticks have been associated with an expansion into higher latitudes in Sweden [24].

Collectively, these examples demonstrate that vector-borne diseases remain an important challenge to public health in Europe. Monitoring environmental and climatic precursors of vector-borne diseases linked to integrated surveillance of human cases and vectors can help counteract potential impacts [9, 10]. Certainly, raising awareness and increasing knowledge among the general public, public health practitioners, and policy makers about disease vectors and their relationship with infectious diseases remains a priority also. Exposure prevention through personal protection and vector abatement are important components of effective intervention strategies. In addition, integrated vector surveillance of invasive and endemic mosquito species is crucial for effective prevention and control of vector-borne diseases.

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